



# ADULT TENNIS

September 2017 -  
March 2018

 Tennis  
Clubmark

 HEAD

 BRITISH TENNIS LTA  
APPROVED BY



oxstalls



@oxstallstennis

01452 396969  
WWW.ASPIRETRUST.ORG.UK

 Oxstalls  
SPORTS PARK

## September - December 2017 and January - March 2018

Courses start Monday 18th September until Sunday 17th December (excluding 22nd - 27th October)

Next course begins Sunday 7th January - Friday 30th March 2018

Course	Day	Time
Beginners	Wednesday	19.30 - 20.30
	Thursday	12.30 - 13.30
	Sunday	17.30 - 18.30
	Sunday	19.30 - 20.30
Improvers	Monday	20.30 - 21.30
	Tuesday	20.30 - 21.30
	Wednesday	12.30 - 13.30
	Thursday	20.30 - 21.30
	Friday	19.30 - 20.30
	Sunday	19.30 - 20.30
Developers	Wednesday	20.30 - 21.30
	Friday	20.30 - 21.30
	Sunday	19.30 - 20.30

### Prices

Direct Debit £31.50 per month  
Members £97.50  
Non Members £120.00

## CARDIO TENNIS SESSIONS

**Tuesday** 07.30 - 08.30 and 12.30 - 13.30  
**Friday** 12.30 - 13.30  
**Thursday** 19.30 - 20.30 outdoors

### Price

Non member  
Aspire 20 member

**£5.75**  
**£4.75**



Direct Debits can now be set up if you would like to spread the cost of the course and ensure automatic enrolment onto the next block of courses.

**Sign up to Direct Debit to get FREE Cardio Tennis Sessions. £31.50 per month**

**Oxstalls Sports Park**  
Plock Court, Tewkesbury Road,  
Gloucester GL2 9DW

**Tel** 01452 396969

**E-mail:** tennis@aspiretrust.org.uk

## TENNIS PRICES

### Indoor tennis courts Per hour - all year round

	aspire20	Non member
Adult	£17.40	£21.70
Juniors/students	£12.90	£16.00

### Outdoor tennis courts Per hour - all year round

	aspire20	Non member
Adult	£10.00	£12.50
Juniors/students	£7.50	£9.40

### Choose our aspire 20 card

- Save up to 20% on most activities at Oxstalls Sports Park and GLI
- Get priority booking up to 14 days in advance payable at time of booking
- Free equipment and racket hire

### Cost (per year)

<b>Aspire 20 Adult</b>	£47.00
<b>Adult and Partner</b>	£65.50
<b>Junior (5 - 18yrs)</b>	£29.00
<b>Family</b>	£75.00
<b>Student</b>	£30.00
<b>Infant (Under 5)</b>	£12.50



# RECREATIONAL SESSIONS

Enjoy a relaxed social atmosphere in which to play tennis and meet new friends.

Be prepared to mix in with others.

A reasonable standard of tennis is required. All sessions include a coordinator and equipment.

## Mixed Tennis Sessions

**Mondays, Tuesdays, Thursdays**

10.30 - 12.30

Due to success last winter, Afternoon Mixed Sessions starting November 6th.

**Mondays and Thursdays**

12.30 - 14.30

## Ladies Only Tennis

**Wednesdays**

10.30 - 12.30

**Prices: aspire20 cardholder: £8.00**

**Non member: £9.60**

## Short Tennis for 50+ years

50+ sessions are run in the same way as the recreation session above but on a smaller court with softer balls.

**Mondays**

13.30 - 14.30

**Fridays**

09.30 - 10.30

**Prices: aspire20 cardholder: £3.50**

**Non member: £4.30**

## Cardio Tennis

Cardio Tennis is a fun, energizing, motivating group fitness activity hitting lots of tennis balls to music. All levels of players can participate.

**Tuesdays**

07.30 - 08.30 and 12.30 - 13.30

**Fridays**

12.30 - 13.30

**Thursdays**

19.30 - 20.30 (Outdoors)

**Prices: aspire20 cardholder: £4.75**

**Non member: £5.75**

## Wheelchair Tennis Sessions

Thursdays during term time. Please contact the centre for holiday time dates.

**Mondays - ADULTS**

20.30 - 21.30

**Prices: aspire20 cardholder: £6.50**

**Non member: £8.10**

## CLUB CHAMPIONSHIPS 2017

**Saturday 16th December  
from 9am**

Fun sponge doubles  
Tie-break 10's for juniors, men  
and ladies.

Awards, presentation  
and buffet.